

OPPORTUNITY KNOCKS

Reporting on OWU Community Service Learning & Opportunities in Delaware and Beyond

Kristen Lear ~ Editor In Chief

Service and Medicine in Action at the Grace Clinic



Every Wednesday, several students from Ohio Wesleyan spend the evening setting up medical exam rooms, a reception area, a triage room, a nurse station, a pharmacy, a prayer room, and a child care area for the people waiting patiently to see the doctor. These students are volunteers at the Grace Clinic, a free weekly medical clinic at the Andrews House that serves children and adults who cannot afford traditional healthcare and would otherwise not have access to it. They provide information about community resources for services such as free mammograms, vaccination clinics, and Alcoholics Anonymous meetings. The Grace Clinic brings basic, sound, quality medical care

in a loving, compassionate, non-threatening way to community members in need.

Junior Chloe Hamrick, a Pre-Medicine and Biology major with minors in Spanish and Chemistry, started volunteering at the clinic in the Fall of 2008. She helps set up the clinic before patients arrive, coordinates patient visitations by gathering the general history of each patient and helping them fill out their forms, moving patients into exam rooms, and translating for the Spanish-speaking patients if needed. If time allows, she shadows the doctors on their visitations. At the end of the night, she helps clean all the rooms and “tear down” the clinic. This hands-on work with patient care allows students to gain experience in the medical field as they pursue their undergraduate degrees. Says Hamrick, “I love volunteering at the clinic so much! Every time I go, it makes me want to be a doctor even more. I have realized the high need for primary care physicians, especially those who are dedicated to service and who know Spanish.” Hamrick has also put her Spanish language skills to use by translating for patients when needed. “I love the opportunity to practice Spanish in a practical way. The Spanish-speaking patients are very willing to chat with me. My Spanish has improved greatly from the practice I get here.”



Chloe Hamrick '11



Dr. Andrea Colvin

The Grace Clinic also involves Ohio Wesleyan faculty and staff. Dr. Andrea Colvin, an Ohio Wesleyan Spanish professor, serves as an interpreter for the Hispanic patients at the clinic. “Volunteering at the Grace Clinic gives me an opportunity to give back to the community and to use my ability to speak Spanish outside of the academic environment. It adds a “real-life” component to a profession that is sometimes dominated by books and ideas,” says Colvin. This “real-life” experience allows members of the Ohio Wesleyan community to be a part of a larger community and to bring this experience back to other members of Ohio Wesleyan. Says Colvin, “As a volunteer, I am also learning more about what it means to be Hispanic in the United States. That knowledge and experience is something that I am excited to share with my students.”

The work that Ohio Wesleyan volunteers do at the Grace Clinic is invaluable to the Delaware community, and it allows Ohio Wesleyan students to gain hands-on experience with the medical field and cross-cultural relations. Says Colvin, “My favorite part of being an interpreter for the Grace Clinic is meeting members of the Hispanic community, hearing their stories and being able to help them in a time of need by interpreting for them. I consider it a privilege to be a small part of the great work that Grace Clinic is doing every week.”



www.helplinedelmor.org/

The Sexual Assault Response Network (SARN) is a program of HelpLine of Delaware and Morrow Counties that provides crisis support, prevention, and recovery services to survivors of sexual assault. Ohio Wesleyan student Randi Amstadt has served as a SARN advocate since Fall 2008. After extensive training, SARN advocates are available to assist survivors at the hospital and with law enforcement immediately following an assault and can help connect a survivor to the resources available through HelpLine and in the community. As an advocate, Randi is on-call 5 nights per month. If called in, she meets the survivor at the hospital and provides support and information to them. Says

Amstadt, "Being a SARN advocate is a very rewarding experience. Although in an ideal world, sexual assault would not occur in the first place, it is a great feeling to be able to have a positive impact on someone's life, especially when they are going through an extremely difficult time." Amstadt also participates in educational activities with SARN that relate to her Women's and Gender Studies minor. "I also love volunteering with SARN because it keeps me up-to-date on various issues pertaining to women's and gender studies. I have completed continuing education throughout my time as a volunteer through extra courses such as the Rape Aggression Defense (RAD) course and from guest lecturers at our monthly meetings," says Amstadt. "No matter what I end up doing, I know that SARN will be beneficial to my career choice. Working as a SARN advocate has really taught me how to empathize with others and work with individuals of unique backgrounds."



Randi Amstadt '10

Students who wish to know more about the SARN Program can contact Aimee McCann, SARN Coordinator at amccann@helpline delmor.org . To inquire about other service-learning opportunities with HelpLine, contact Volunteer Coordinator, Shilo Gall at sgall@helplinedelmor.org .

Common Ground Free Store

Presents: An Emerald Isle Evening

Wednesday, March 17th ~ 5:00 - 8:00 p.m.

Delaware Township Hall ~ 2590 Liberty Road

Featuring an Authentic Irish Corned Beef Supper

\$25 per couple ~ \$12 per single ticket

Call (740) 816-3491 or (740) 816-7827 for reservations

~ Games ~ Limerick Contest ~ Traditional Irish Music ~ Prizes ~



OWU Bowl for Kids' Sake 2010!

Friday, March 19

9:30pm—12:30am (Team registration begins at 9:00pm)

Delaware Lanes Bowling Center (State Rout 36/27 East)



Have fun bowling with your friends/club while raising money for the Delaware County Big Brothers Big Sisters. Form a team of at least five, raise money through pledges, and enjoy a night of fun!

How to participate: Form a team of five or more and register by contacting Sue Pastors at smpas-ter@owu.edu or 740-368-3084 or visiting the Community Service Learning Office (Ham-Wil 407) for a registration form.



American Cancer Society ~ OWU Relay For Life

Begins: Friday, March 26th at 6:00 pm
Ends: Saturday, March 27th at 12:00 pm

Contact: Jennifer Williams or Adrienne Found

The Ohio Wesleyan Chapter of Colleges Against Cancer

For more information please visit www.relayforlife.org/owu



Located at 193 E. Central Avenue, **Common Ground Free Store Ministries** is a partnership between Delaware churches, businesses, civic organizations and caring citizens. They believe that God's mercy doesn't come with a price tag. They have established a warm and welcoming store which is run by volunteers, and where everything is available to everyone free of charge—from clothing, shoes, diapers and linens, to small appliances, books and toys. There are no income requirements, no questions, and no scrutiny—only the support of people who care; everyone is on common ground.

There are many immediate and on-going service opportunities for OWU students at Common Ground. The Free Store is either open, or shifts are available to work on Mondays, from 10:00 am to 3:00 pm; Thursdays from 3:00 pm to 8:00 pm; and Saturdays from 10:00 am to 3:00 pm. To sign up for a specific shift to work, contact Bonnie Ristau at (740) 369-3733, or bonnie@bus.columbus.rr.com. Typical tasks include helping to run the store, sorting clothing, restocking racks and shelves, greeting shoppers, or helping to serve food.

Donations are accepted on Saturdays between 10:00 am and 2:00 pm. (Due to limited space, out-of-season items—such as winter clothes—cannot be stored.) All donated items should be clean and in good condition. Kitchen ware, small appliances, towels, curtains, bed linens, dishes, glasses and silverware are always welcome donations.

<http://www.commongroundfreestore.com/>

Delaware County

Walk a Mile in *Her* Shoes

April 17, 2010



Walk a Mile in Her Shoes is a nationwide event that invites communities to participate in a one-mile walk to raise awareness about issues of rape, sexual assault, and gender violence. The march empowers men to join the efforts of women to make the world a safer place.

- ◆ This light-hearted opportunity is a way for men to test their skills in stilettos and have a few laughs while raising awareness.
- ◆ This year marks the second annual *Walk a Mile in Her Shoes* for Delaware County.
- ◆ \$20 per participant (includes lunch and t-shirt)

For more information or to sign up, email walkamiledelco@live.com or call 740-833-2755.



Global Village Collection - 37 N. Sandusky Street
www.globalvillagecollection.org

We are a non-profit, volunteer-staffed retail store filled to overflowing with amazing and unique hand-crafted Fair Trade items. Our main goal is to promote Fair Trade practices and to improve the economic welfare of Third World artisans and farmers by marketing their handicrafts. Purchases made at our store help provide a sustainable and fair economic system for the artisans and farmers who would not otherwise have access to our marketplace. Fair trade is not about charity. It is a holistic approach to trade and development that aims to alter the ways in which commerce is conducted, so that trade can empower the poorest of the poor. Fair Trade Organizations seek to create sustainable and positive change in developing and developed countries.

As we are volunteer staffed, we are looking to fill some of our shifts with members of service organizations such as yours. This typically works for weekend shifts—Saturday shifts are 11-1 p.m., 1-4 p.m. and 4-6 p.m. Sunday shifts are 12-2 and 2-4 p.m. In the past, we have had organizations “adopt” a shift—say Sundays from 2-4—and commit to filling it with two of their members on a rotating basis.

e-mail: volunteers@globalvillagecollection.org
Phone: (740) 363-6267

(WS)² is a collaboration between the William Street United Methodist Church and Willis Intermediate School. The program is facilitated by the Literacy Coalition of Delaware County, and we are looking for energetic volunteers to assist 5th and 6th graders with homework. **(WS)²** sessions occur every Monday and Thursdays from 3:00 to 5:00 p.m. at the William Street United Methodist Church.

Responsibilities include supervising students through snacks, games, homework and clean up. Educational opportunities such as teaching activities, creating and implementing your own lesson plans can be arranged! We look forward to meeting you!

Interested parties should contact **Abby Ward** (740) 816-1898, or ws2help@yahoo.com





EARTH DAY IN DELAWARE!

Saturday, April 17, 2010
10am-2pm

Marking the 40th Anniversary of the first Earth Day

Planning in process:

Green expo in downtown Delaware ~ Activities and film screenings
Creation of local "green network" and Environmental Advocacy groups

OWU Students interested in this event can contact
Dr. Laurel Anderson, (OWU Botany-Microbiology); or Sue Pasters



Central Ohio Symphony Presents
Orchestras Feeding Delaware II
A Free Community Concert for a Great Cause!

Sunday, April 18th ~ 7 pm
Branch Rickey Arena



**Donations of Canned Goods, Non-Perishables,
And Taxable Items Greatly Appreciated!**



**All donations are for People In Need,
Delaware's Own Food Pantry**

OWU Students interested in volunteering for this event
can contact Sue Pasters: smpaster@owu.edu



The Humane Society of Delaware County

The Humane Society recently rescued a very large number of domestic rabbits from an over-crowded, inhumane environment. They are requesting assistance in fostering these rabbits still waiting to be placed into loving homes. Help is also needed for funding animal cruelty investigations in Delaware County. Donations can be made through the mail or in person at the Humane Society, 4920 State Route 37 E. - Delaware, Ohio 43015. Phone: (740) 369-7387 - e-mail: humanehsrc@live.com - Web Page: www.HSDCOhio.org.

Volunteer with the Humane Society of Delaware County!

- Volunteers are needed to help collect supplies and sponsorships for The 2009 Fur Ball HSDC's silent and live auction fundraiser being held on December 5th

Remember, you can also support the work of the Humane Society by joining OWU Pet Pals!

Let Us Help You, Help Others.....

The Council for Older Adults will design an Internship to fit you!

The Food and Nutrition program provides hot meals daily to older adults in their homes. The program delivers over 190,000 meals per year throughout the county on 39 different routes. Volunteer drivers are needed from 11-1pm either long term any day Monday through Friday.

Volunteers are also needed as kitchen assistants to help label and get meals ready. You can volunteer one day per week between 8:30 a.m. to 3:30 p.m.

The Council for Older Adults is also in need of people or groups who can provide help for small household chores and yard work. Also, you can design an **internship** with the Council. We also have an opportunity to assist with chores at COA the first Saturday of each month.

To learn more, contact Amy Brown at amyb@growingolder.org or (740) 203-2355.



Volunteer with Preservation Parks!

Nature Center Attendants wanted at Deer Haven Preserve and Hogback Ridge Preserves. Greet visitors, answer questions, and distribute information about Preservation Parks while enjoying quality time relaxing with nature. Each shift is from noon– 5:00 p.m. Attendants build their own schedules using an on-line scheduling system.

Contact Sandra McBrearty at (740) 524-8600, ext. 6, e-mail saundras@preservationparks.com, or complete a volunteer application on-line at our website www.preservationparks.com





Sweatshop Workers to Speak Out at OWU

*Building Solidarity Between U.S. Communities
and Workers in Bangladesh and Pakistan*

**Save the Date! Lunch & Panel Discussion:
Sunday, April 25th, 2010 ~ 12:30 to 3 pm**

The tour is part of joint project of SweatFree Communities and the Bangladesh Center for Worker Solidarity to “Empower Workers and Ensure Sweatshop-Free Public Procurement.” We aim to organize across borders to hold governments and businesses in producer and consumer countries accountable for garment workers’ rights. Our April 2010 speaking tour will shine a light on the reality of working and organizing in garment factories in Bangladesh. It will offer audiences a way to take action locally to promote a more just global economy by urging the state and local government to join the Sweatfree Purchasing Consortium. Sponsored by the Global Village Collection, Progress OWU, Peace & Justice House, SIID, WCSA, and others. More details to follow!

TEAM Mentoring

*Together Everyone Achieves
More!*

A Program of Delaware County
Juvenile Court

Contact Patti Cram to learn
how you can make a difference.
pcram@co.delaware.oh.us



Turning Point

Providing Shelter, Programs and
Supportive Services for Victims of
Domestic Violence since 1979

www.turningpoint6.com

Located in Marion, Ohio
~ 24-Hour Crisis Line: 800-232-6505 ~

To Volunteer: 740-382-8988
Contact ~ Joyce Johnston
jjohnston@turningpoint6.com



MEN CAN
CREATING CULTURES FREE FROM VIOLENCE
STOP RAPE INC

HelpLine of Delaware & Morrow Counties is seeking college men to volunteer as facilitators and members of an organization called **MEN of STRENGTH (MOST)**. This organization is committed to ending violence against women and promoting healthy masculinity. MOST Club is a nationally recognized program established by Men Can Stop Rape. We will be working with local adolescent males serving probation in order to encourage leadership, responsibility, social action, and violence prevention.

To learn more about the MOST Club please visit the Men Can Stop Rape website at www.mencanstoprape.org. To learn more about HelpLine visit our website at www.helplinedelmor.org. If you wish to join or need more info, please contact Okpara Newsum at 740-363-1835 or ookafor-newsum@helplinedelmor.org.

Ohio Wesleyan University
Community Service Learning
40 Rowland Avenue
Delaware, Ohio 43015

<http://service.owu.edu>

DATES TO REMEMBER

March 17th, 5:00 pm - 8:00 pm
Common Ground Free Store St. Patrick's
Day Dinner, Delaware Township Hall,
(page 2)

March 19th, 9:30 pm-12:30 am
OWU Bowl for Kids' Sake
Delaware Lanes, (page 3)

March 26th, 6 pm - March 27th, 12 pm
OWU Relay for Life, (page 3)

April 17th
Walk a Mile in Her Shoes, (page 4)

April 17th - 10 am-2 pm
Earth Day in Delaware, (page 5)

April 18th, 7 pm
Orchestras Feeding Delaware
Branch Rickey Arena, (page 5)

April 25th, 12:30 -3 pm
Sweat Shop Workers Speak Out!
(page 7)

April 29th
OWU Last Day of Classes

May 3-6
OWU Final Exams

May 9th
OWU Commencement

May 14-16
OWU Alumni Weekend



Please recycle

Willis Big Brothers Big Sisters

Right, Lauren Dudley '13
hanging out with two
Willis Little Sisters!



Left, Scott Regnery '11
and his Little Brother
take a study break.



Ohio Wesleyan Receives National Recognition for Excellence in Community Service ~

On Thursday, February 25th, the Corporation for National and Community Service in Washington, D.C. announced that six colleges and universities in the nation were being honored for excellence, three for comprehensive community service programs, and three for specific service projects. Ohio Wesleyan was recognized for comprehensive service, which includes all aspects of community service, service-learning and philanthropy. The other two schools in this category were the University of North Carolina at Chapel Hill, and Lee University in Tennessee. This is the highest recognition that a college or university can receive for community service. Besides 'bragging rights', the three schools will receive a signed certificate from President Barack Obama, and a crystal trophy to be awarded in New York City in June.

More importantly, the award is also a testimony to the hard work of students, faculty, staff, administration, and the Delaware & Central Ohio agency partners who allow OWU to be a part of their mission. Thank you, and congratulations to each of you who have contributed so much to this success story.

~ SMP

If you would like to advertise a service opportunity or provide a story about a project, email Kristen Lear at opknocks@owu.edu.