General Health and Human Kinetics Major

- ACTV 0122 Aquatic Skills
- HHK 114 Personal Health and Exercise
- HHK 140 Core and Dynamic Strength
- HHK 141 Cardiovascular and Flexibility
- HHK 231 History, Philosophy, and Principles
- HHK 260 Exercise Prescription
- HHK 343 Contemporary Issues or 363 Mental Aspects
- HHK 499 Senior Seminar
- **Choose 1:** ZOOL 120 Cell Biology (recommended), 101 Human Biology, or 122 Organisms and their Environment
- ZOOL 251 Human Anatomy & Physiology
- **Choose 1:** PSYC 210 Quantitative Methods; MATH 105 Probability and Statistics; or MATH 260 Applied Stats 1.
- **4 ELECTIVES (see catalog)**
  1.
  2.
  3.
  4.
- **OTHER REQUIREMENTS**
  - CPR Certification
  - First Aid

Sem./Yr | Grade
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**Major/Minor Degree Audit**

**General Health and Human Kinetics Major**

- OWU ID#________
- Student Name: (Last, First, MI) ________________________________
- Planned Graduation (Sem./Yr.) _______

**Graduation Catalog:** (Yrs.)
- Major CGPA:_____
- Minor CGPA:_____

Grades = earned OWU unit
AP = credit by score
EX = exempt
T = Transfer credit
N = see note on transcript
O = missing
IP = course in progress
-- = n/a

**Notes:**
- Combined GPA of 2.33 or better in:
  - HHK 114
  - HHK 140
  - HHK 141
  - HHK 231
  - ZOOL 101, 120 or 122

**Major/Minor Plan Discussed with Student:**
- Reviewed by: ________________________
- Signature: ________________________
- Date: _____________
- Major/Minor Plan Approved by Department:
- Signature: ________________________
- Date: _____________
- Major/Minor Plan Completed:
- Signature: ________________________
- Date: _____________